Instrument Rating Training Course Outline (TCO)

- 1 Instrument Course Overview
- 2 Details of the ADM & Risk Management processes
- 3 Details of Task Management and Situational Awareness processes
- 4 Details of Controlled Flight Into Terrain (CFIT) Avoidance
- 5 Details of Advanced Avionics and Automation Management
- 6 Details of WX Theory including Icing Hazards, Aerodynamic Effects and Anti-Icing/De-Icing Equipment
- 7 Details of Pre-Flight Planning
- 8 Details of Pre-Flight Procedures
- 9 Details of ATC Clearances and Procedures ATC Clearances
- 10 Details of ATC Clearances and Procedures SID/DP, En Route and STAR Procedures
- 11 Details of ATC Clearances and Procedures Holding & Course Reversal Procedures
- 12 Details of Flight By Reference to Instruments (BAIF/UA)
- 13 Details of NAV Systems & DME Arcs
- 14 Flight By Reference to Instruments (BAIF/UA) Sim Training
- 15 NAV Systems & DME Arcs Sim Training
- 16 BAIF/UA and NAV Systems Integration Sim Practice
- 17 BAIF/UA, NAV Systems & DME Arcs Sim Practice, ATC, SID/DP, En Route, STARs and Holding & Course Reversals Sim Training
- 18 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs and Holding & Course Reversals Sim Practice and Pre-flight Procedures Sim Training
- 19 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals and Pre-flight Procedures Sim Practice and Pre-flight Planning Sim Training
- 20 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals, Pre-flight Procedures and Pre-flight Planning Sim Practice
- 21 Details of Instrument Approach Procedures Precision, Missed, Circle, Landing Straight-In/Circle
- 22 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals, Pre-flight Procedures and Pre-flight Planning Sim Practice and Instrument Approach Procedures Precision, Missed, Circle, Landing Straight-In/Circle Sim Training
- 23 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals, Pre-flight Procedures, Pre-flight Planning and Instrument Approach Procedures Precision, Missed, Circle, Landing Straight-In/Circle Flight Practice
- 24 Details of Instrument Approach Procedures Non-Precision
- 25 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals, Pre-flight Procedures, Pre-flight Planning and Instrument Approach Procedures Precision, Missed, Circle, Landing Straight-In/Circle Sim Practice and Instrument Approach Procedures Non-Precision Sim Training 26 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals, Pre-flight Procedures, Pre-flight Planning and Instrument Approach Procedures Non-Precision, Missed, Circle, Landing Straight-In/Circle Flight Practice
- 27 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals, Pre-flight Procedures, Pre-flight Planning and Instrument Approach Procedures Non-Precision, Precision, Missed, Circle, Landing Straight-In/Circle Flight Practice
- 28 Details of Emergency Operations
- 29 Practice Exam
- 30 Written Test
- 31 BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals,

Pre-flight Procedures, Pre-flight Planning and Instrument Approach Procedures - Non-Precision, Precision, Missed, Circle, Landing Straight-In/Circle Flight Practice and Emergency Operations Sim Training 32 - BAIF/UA, NAV Systems & DME Arcs, ATC, SID/DP, En Route, STARs, Holding & Course Reversals, Pre-flight Procedures, Pre-flight Planning, Instrument Approach Procedures - Non-Precision, Precision, Missed, Circle, Landing Straight-In/Circle and Emergency Operations Flight Training

- 33 IFR Long XC Flight
- 34 Review/Phase Check Flight
- 35 Checkride (Oral & Flight)